

# FORRÓ DOBRA DINHO

17-18 August  
AMSTERDAM  
[www.boraforro.com](http://www.boraforro.com)

2 DAYS

DJS  
LIVE MUSIC  
WORKSHOPS  
COMMUNITY



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DOBRA  
DINHO**

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# WE ARE EXCITED TO HAVE YOU JOIN US!

HERE YOU WILL FIND ALL NECESSARY INFORMATION FOR  
OUR FORRÓ DOBRADINHO WEEKEND

IN CASE YOU NEED HELP, YOU CAN ALSO REACH OUT TO  
US DURING THE EVENT

**BORA!**

**IN THIS PDF:**

- SATURDAY WORKSHOPS
- SATURDAY PARTY
- SUNDAY PARTY
- TRANSPORT OPTIONS
- THE TEAM
- SAFER SPACES



# WORKSHOPS

## SATURDAY

**MENEER DE WIT, CENTRUM VOOR KUNST EN CULTUUR**  
**BAARSJESWEG 202**

**-- FULL PASS HOLDER ONLY --**

**PLEASE MAKE SURE TO BE ON TIME**  
**WE WILL START AT THE GIVEN TIMES**

### REMBRANDT

### VAN GOGH

12:30-13:00

REGISTRATION

REGISTRATION

13:00-14:00

**LUISA CONTI**

-ADVANCED-

Hip connection, chameguinho & coloca ao lado

**HONGSIE**

-BEGINNER-

Intro to pendulum movements

14:30-15:30

**LUISA CONTI**

-BEGINNER-

Finding the perfect trava

**BRUNA AZEVEDO**

-INTERMEDIATE-

Connecting movements & creating your own sequences

16:00-17:00

**HONGSIE**

-INTERMEDIATE-

Accentuated piões on contra count

**BRUNA AZEVEDO**

-ADVANCED-

Xaxadinho

17:00-18:00

PRACTICE

PRACTICE





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# SATURDAY PARTY

**TOEKOMSTMUZIEK**  
**DANZIGERBOCHT 29**

20:00-22:00  
22:00-00:00  
00:00-02:30

DJ CHINEDU  
FORROFIÁ  
DJ LANÚS





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# SUNDAY PARTY

**PONDOK EVENEMENTEN**  
**POELDIJKSTRAAT 391**

13:30-15:00	DJ XIQUE-XICA
15:00-17:00	DJ UC
17:00-19:00	DJ FALCO
19:00-21:00	DJ HONGSIE

**BRING YOUR OWN DRINKS**  
**THERE ARE SOME SHOPS NEARBY**  
**OPEN ON SUNDAY**

**SOMEWHERE IN THE PARK - REMBRANDTPARK**

21:30- .. : .. 4RÓ20 AFTER-PARTY



# TRANSPORT OPTIONS

GOOD TO KNOW THINGS ABOUT THE TRANSPORT OPTIONS IN AMSTERDAM

## BUS, TRAM, METRO:

- YOU CAN PAY BY DEBIT OR CREDIT CARD (CHECK-IN/CHECK-OUT)
- NO CASH ON PUBLIC TRANSPORT

## BIKES:

- IF YOU HAVE AN NS CARD, YOU CAN GET YOUR OV FIETS AT THE CENTRAAL STATION
- GET AN APP SUCH AS DONKEY REPUBLIC TO GET A BIKE FOR A DAY OR LONGER

## CAR SHARING:

- IN CASE YOU HAVE FREE2MOVE/SHARENOW OR SIXT SHARE, YOU CAN USE YOUR ACCOUNT IN AMSTERDAM AS WELL





# THE TEAM

WE ARE HERE FOR YOU! COME AND FIND US IF YOU HAVE ANY QUESTIONS



**ANTÔNIO**  
PT - ENG



**DYLAN**  
PT - ENG - ESP - NL



**FALCO**  
NL - ENG



**HONGSIE**  
ENG - GER



**IVÁN**  
ESP - ENG - PT - NL



**MARIA**  
PT - ENG



**MARTINA**  
ITA - ENG

**RESPECT THE ROLE OF YOUR PARTNER  
- FOLLOWER OR LEADER -**

Communicate your role for this dance.  
Gender does not define your role in dancing.

**RESPECT "NO"**

It's ok if somebody doesn't want to dance.  
We are saying Yes to a dance and not to anything else.

**RESPECT PHYSICAL AND PERSONAL  
BOUNDARIES**

Give personal space to avoid discomfort.  
Read your partner's body language.  
Touched/swiped a sensitive body part?  
Please apologise.

**BE MINDFUL OF THE DANCERS  
AROUND YOU**

Make sure that your partner is ok with being lifted and doing acrobatic figures.  
If you bump into somebody,  
please apologise.

**BE CAREFUL WITH UNSOLICITED ADVICE**

Please be careful with offering unsolicited advice on the social dance floor, except for correcting dangerous or uncomfortable movements.

**MINTS, DEODORANT,  
EXTRA SHIRT - CHECK!**

Good hygiene will make a dance more comfortable for everyone!  
Also, ALWAYS wash your hands after using the toilet.

**NOT FEELING WELL?**

Feeling dizzy, dehydrated, uncomfortable or harassed?  
Let us know. We will help you!



PLEASE REMEMBER: ANY KIND OF HARASSMENT (SEXUAL OR OTHER) WILL NOT BE TOLERATED. INAPPROPRIATE ACTION, WHETHER FORMALLY LISTED HERE OR NOT, CAN LEAD TO EXCLUSION FROM THE EVENT AND FUTURE EVENTS.